



Social Skills Groups

Kean University Empower Program: Encouraging Meaningful Participations & Openness While Enhancing Relationships (EMPOWER) is a free social skills program available to children ages 14-21. It includes both general social skills education and parent support.

The Social Club: Jersey City Department of Recreation & Youth Development Adaptive Recreation Program: A weekly social skills and therapeutic adaptive recreation program open to ages five through 24. Enjoy various activities such as art, music, games, and physical activities. Call (201) 547-5760 or email rmagee@jcnj.org for more information.

Sensory Kids & Social Minds Social Skills Group: Sensory Kids & Social Minds offers a social skills group developed to build awareness, facilitate social communication, work on pragmatics, and develop foundations for teamwork and collaboration. Visit sensorykidsandsocialminds.com for more information.

The Hangout: A Social Skills Club for Kids With Autism: In this virtual, ongoing class, autistic and neurodivergent students meet weekly to talk about their lives and interests, participate in activities together, and practice conversation and social skills in a safe environment. Visit outschool.com for more information.

Social Skills for Autism (Teens): In this ongoing virtual social skills class, conversation starters help teens engage in conversation, take turns, stay on topic, and listen to others. Visit outschool.com for more information.